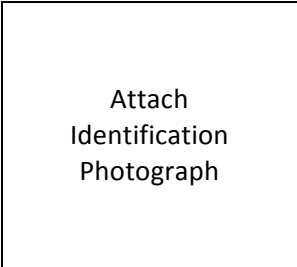


"Become a Catalyst of Change"

2011 National 4-H Congress
November 25 – 29, 2011
Atlanta, Georgia



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DELEGATE HEALTH FORM

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BRING TWO COPIES PER DELEGATE OR CHAPERONE

Parent's Statement: To be filled out **after November 1st**. Delegates must present this sheet to a State delegate chaperone, before delegate can be registered onsite for National 4-H Congress.

Name of Delegate: _____
LAST FIRST MIDDLE

Birth Date: _____ **Gender:** _____
Month Day Year Male Female

Home Address: _____
Number and Street/PO Box

City/State/Zip Code

Parent/Guardian: _____ **Home Phone:** _____
Cell Phone: _____ **Work Phone:** _____

Alternate Emergency Contact: _____
Name

Alternate Emergency Phone: _____
Phone Number

I am of the opinion that _____ can **SAFELY PARTICIPATE** in National 4-H Congress and that he or she has no contagious or communicable diseases. His or her health is **POOR FAIR GOOD** (strike out words that do not apply) and he or she has had no illnesses within 30 days prior to departure. In case of emergency while participating in National 4-H Congress, permission is given for physicians to perform needed treatment. I will assume all financial obligations incurred if not covered by insurance.

Parent's/Guardian Signature _____

Notary Public

State of: _____ County of: _____

Sworn to and subscribed to before me this _____ day of _____, 20 _____

My commission expires _____, 20 _____

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If the answer is "yes" to any of the following, enter the details in the space provided indicating the diagnosis, date of illness, name of hospital, length of hospitalization, name of doctor, etc.

	YES	NO
1 NERVOUS OR MENTAL Problems such as epilepsy, emotional stress, convulsions, loss of consciousness, dizziness, paralysis, Frequent anxiety, excessive crying. <i>If yes, please explain:</i>		
2 LUNG DISEASE Asthma, blood spitting, persistent cough, tuberculosis, abnormal chest x-rays. <i>If yes, please explain:</i>		
3 DISEASE OR HEART OR BLOOD VESSELS, INCREASED OR ABNORMAL BLOOD PRESSURE <i>If yes, please explain:</i>		
4 PAIN IN THE CHEST OR SHORTNESS OF BREATH Heart murmur, rheumatic fever <i>If yes, please explain:</i>		
5 STOMACH OR INTESTINAL TROUBLE Ulcers, gall bladder or liver disorders, jaundice, hernia, colitis. <i>If yes, please explain:</i>		
6 ARTHRITIS, DIABETES, KIDNEY OR BLADDER DISEASE <i>If yes, please explain:</i>		
7 HAY FEVER OR ALLERGIES <i>If yes, please explain:</i>		
8 ALLERGIES TO MEDICINES (including Penicillin, Tetanus) <i>If yes, please explain:</i>		
9 IMPAIRED SIGHT OR HEARING, CHRONIC EAR INFECTIONS <i>If yes, please explain:</i>		
10 RECENT SURGICAL OPERATIONS, ACCIDENTS OR INJURIES <i>If yes, please explain:</i>		
11 BEEN A PATIENT IN A HOSPITAL (other than #10) <i>If yes, please explain:</i>		
12 ANY INFECTIOUS DISEASE OR CONTACT WITH INFECTIOUS DISEASE IN THE TWO WEEKS PRIOR TO THIS TRIP. <i>If yes, please explain:</i>		
13 SKIN DISEASE <i>If yes, please explain:</i>		
14 ALLERGY TO FOODS <i>If yes, please explain:</i>		
15 MEDICATIONS YOU ARE CURRENTLY TAKING (list name and doses) <i>If yes, please explain:</i>		
16 UNDER ON-GOING CARE OF A PHYSICIAN FOR CHRONIC OR RECURRING PROBLEM (Name and number of physician) <i>If yes, please explain:</i>		
17 DATE OF LAST FLU SHOT: _____ DATE OF LAST TETANUS BOOSTER: _____		
18 LIST ANY SPECIAL NEEDS OR CONCERNS (<i>Attach additional page if need more space</i>)		